



CAP BIKE RIDE & RUN

12TH SEPT 2015

YOU ARE INVITED

to take part in our C3 Victory Bike Ride and Run on Saturday 12th September 2015 to support the C3 Victory CAP Centre. Our event caters for serious bike riders, social bike riders, runners and families.

RIDING OPTIONS

- 10km ride along the Fernleigh Track from Belmont to Redhead and return or;
- 30km ride to complete the Fernleigh Track or;
- 80km ride to Lake Munmorah then to Toohey's Road and return to Belmont Station. Lunch available at the end of the 80km ride.

RUNNING OPTION

10km run along the Fernleigh Track from Belmont to Redhead and return.

MORE DETAILS

Starts: 7.30am

Where: Belmont Station on the Fernleigh Track

Cost: The Ride/Run entry fee is \$50 per rider or runner or \$100 for a family

TO REGISTER FOR THE RIDE OR IF YOU WOULD LIKE MORE INFORMATION, PLEASE EMAIL THE C3 CHURCH VICTORY OFFICE AT ADMIN@C3VICTORY.ORG.AU OR PHONE 4922 6800.

christians
against
poverty

CAP